

### MX SELECT ADJUSTABLE TRAINING BENCH

The MX Select Adjustable Training Bench has six backrest positions, from decline, through flat to multiple incline positions. Extra-long backrest with wide lumbar support.

The MX Select Adjustable Training Bench is the perfect complement for MX Select Rapid Weight Change Dumbbells and Barbells. This fully adjustable bench [-5 to + 85 degrees] provides firm support for all your seated and prone exercises.

The MX Select Adjustable Training Bench is upholstered with Antimicrobial Fabric that offers surface protection against bacteria, mould & mildew, and other hazardous microbes. The backrest is shaped for added comfort and stability.

Lifting the Bench, using the handle on the front leg, engages the transport wheels on the rear support, allowing you to easily and safely position your bench wherever you need it.



\* Antimicrobial properties built-in to the upholstery offer surface protection against bacteria, mould & mildew and other hazardous microbes.



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### SPECIFICATIONS

<b>BENCH FOOTPRINT</b>	+ 50" L x 21" W x 16" H [Flat]	
	+ 127 cm L x 53.3 cm W x 40.6 cm H [Flat]	
<b>BENCH WEIGHT</b>	+ 51.8 lbs	+ 23.4 kg
<b>BENCH WEIGHT CAPACITY</b>	+ 550 lbs	+ 250 kg

### MATERIALS

<b>FRAME</b>	+ Steel
<b>FRAME FINISH</b>	+ Powder-coated - Silver
<b>UPHOLSTERY</b>	+ Antimicrobial fabric
<b>UPHOLSTERY FINISH</b>	+ Black

### SHIPPING

Box per Unit	Length mm	Width mm	Height mm	Nett Kg	Gross Kg	Cubic Meters	Length Inches	Width Inches	Height Inches	Nett Lb	Gross Lb	Cubic Foot
BOX 1	1250	265	295	23.4	26.5	0.09	49.21	10.43	11.61	51.8	58.6	3.46



Bench Height in Flat Position



Seat and Handle



Transport Wheels



MX SELECT Dumbbell and Barbell Systems

